

Habits of Mind

Thinking Interdependently



What does it mean?

- The ability to work, learn, think and act together.
- To learn from others and appreciate different perspectives.
- Understanding that many minds can be stronger than one.
- Being able to make compromises for the greater good.

When should you use it?

Whenever you have the opportunity to engage in a worthwhile activity or task as part of a group.

Strategies to help

- Understanding the success of the group depends on everyone's participation.
- Aim to listen more than you speak.
- Understand your role within the group - e.g. chair
- Celebrate the different perspectives and viewpoints -
 "I agree with you because....."
 "I disagree with you because....."
- Consider what you want to achieve as a group.
- Discuss what worked well and how it could be even better when working as a team.

Questions to consider

1. Roles
 - a) Are you helping the group move forwards?
 - b) What role are you playing? What role is needed?
2. Purpose
 - a) What is the group's purpose?
 - b) What goals are you working towards?
3. Reflection
 - a) What have we achieved?
 - b) What have we learned?
 - c) What is the next step?
 - d) What problems did we face?
4. Next steps
 - a) Are you all agreeing too easily?
 - b) Are we all sharing our ideas?
 - c) Have we tested our ideas?